

Friends and Families of Alpha Company 1-148th Infantry
Presents the 2nd Annual

RUN TO REMEMBER



5K TRAIL RUN & 1K FUN RUN



Saturday, September 11th, 2010
Ft. Meigs State Memorial Park
Perrysburg, Ohio

Race Day Schedule

- 7:30am Registration Opens
- 9:00am 1K Run/Walk begins
- 9:30am 5K Trail Run/Walk begins

Registration Schedule

- Friday, 10 September, 4:30 to 7:30 pm Registration at Dave's Running Shop
- Saturday, 11 September, 7:30 to 9:15am Registration at Fort Meigs State Memorial Park

Registration Location: Friday – Dave's Running Shop, River Plaza, 26567 N. Dixie Hwy, Perrysburg, OH 43551
Saturday - Ft. Meigs State Memorial Park, 29100 W. River Rd, Perrysburg, OH, 43551

Course: Trail course circling scenic Ft. Meigs along the Maumee River, including grass, gravel and challenging hills

5K Awards: Overall Male/Female Trophies
1st, 2nd, 3rd Place finishers for male and female age groups will receive medals

1K Awards: All Fun Run finishers will receive a ribbon

Male and Female Age Groups: 10/under, 11-15, 16-20, 21-25, 26-30, 31-35, 36-40, 41-45, 46-50, 51-55, 56-60, 61-65, 66-70, 70/over

Shirts:
All pre-registered 5K participants will receive a Run to Remember 5K t-shirt. A limited number of shirts will be available on race day. Pre-register to ensure you get a t-shirt in your size. T-shirts can be purchased separate (as supplies last) for \$10.00.

Entry Fees:
5K pre-registered-postmarked by September 1st, 2010 \$15.00 / 5K day of race \$20.00 (with shirt while available)
1K Fun Run is donation only. Participants will receive a ribbon. T-shirts may be purchased at the run (while supplies last).

Entry fees payable to: Friends and Families of Alpha Company 1-148th Infantry
28846 Tracy Rd. Walbridge, Oh 43465

The run to
remember is
Sponsored By:



----- Entry Form -----

IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY IN THE 2nd ANNUAL RUN TO REMEMBER 5K AND 1K FUN RUN, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR ANY DAMAGES AND LOSSES WHICH I MAY HAVE AGAINST THE FRIENDS AND FAMILIES OF ALPHA COMPANY 1-148TH INFANTRY, FT MEIGS STATE MEMORIAL, AND ANY PERSONS OR ORGANIZATIONS CONNECTED WITH THIS EVENT, FROM ALL RESPONSIBILITY FOR ANY INJURY TO PERSON OR PROPERTY TRAVELING TO, PARTICIPATING IN, AND RETURNING FROM THIS EVENT. I AM AWARE THAT I MAY BE RUNNING ON A PHYSICALLY CHALLENGING COURSE, IN HOT AND/OR HUMID CONDITIONS THAT COULD TEST MY PHYSICAL LIMITS AND CARRIES WITH IT POTENTIAL FOR DEATH AND SERIOUS INJURY. I CERTIFY THAT I AM PHYSICALLY FIT AND HAVE TRAINED SUFFICIENTLY TO HANDLE THE COURSE AND HOT AND/OR HUMID CONDITIONS SHOULD THEY OCCUR.

Name: _____ Day Phone _____
Address: _____ City/State _____
Zip: _____ Sex (circle) M F Age on 9/11/10: _____ Date of Birth ____/____/____
Shirt Size (Circle) **Adult S M L XL** Email Address: _____

(Signature of participant or parent if under 18)